

*The
Air Force*

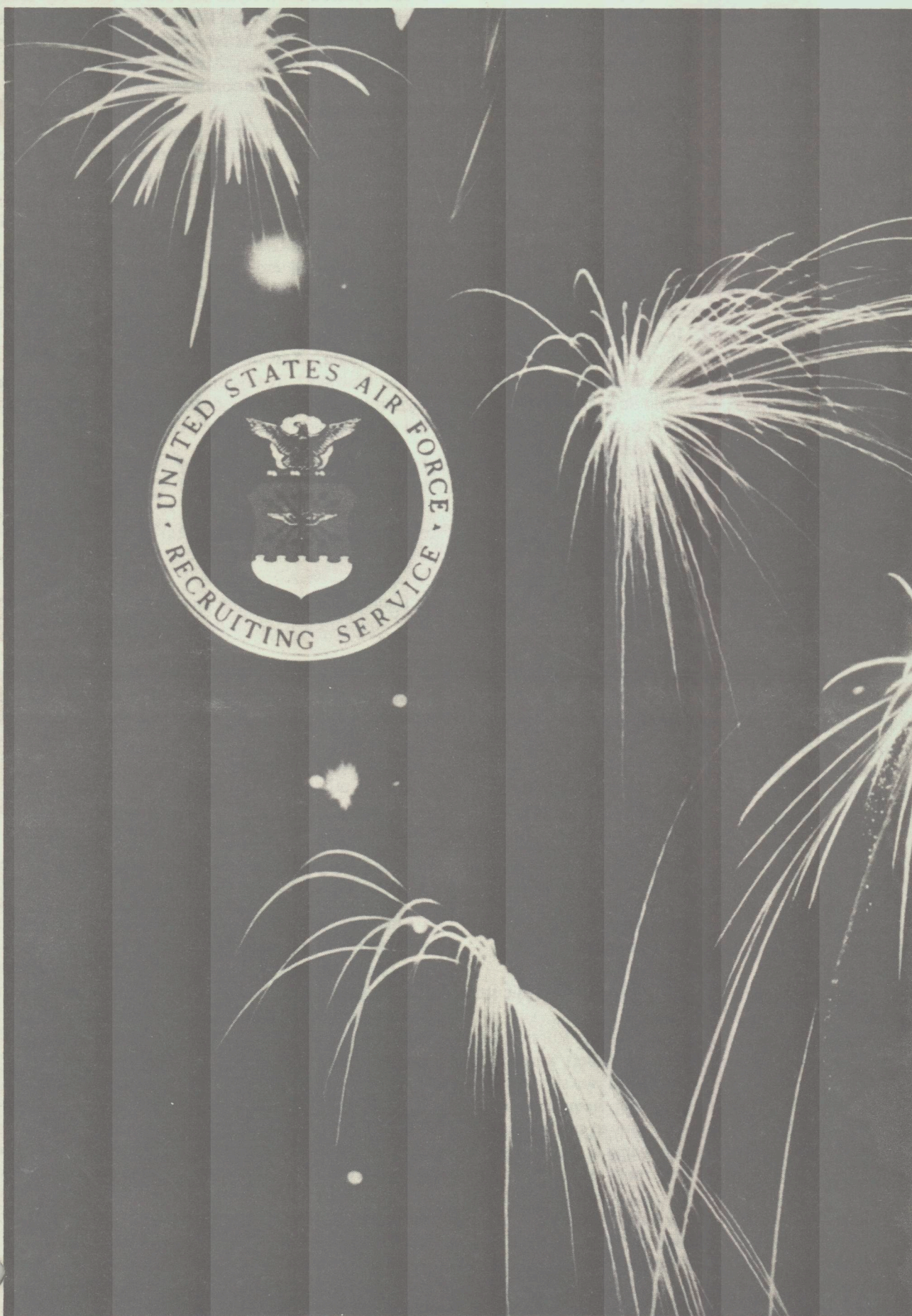
RECRUITER

'Serving the recruiting family'

Vol. 29, No. 7

USAF Recruiting Service, Randolph AFB, Texas

July 1983



Summer Safety

With the passing of our nation's 207th anniversary, all Americans should keep in mind we are still in the midst of the 101 most dangerous days. During increased summer time activities, safety must be a

prime consideration during holiday and weekend activities. (U.S. Air Force Photo by MSgt. Buster Kellum)

Bobby Jacques named Outstanding Airman

SMSgt. Bobby Jacques, Headquarters Recruiting Service, has been selected as one of the 12 Outstanding Airmen of the Year for 1983. Sergeant Jacques and 11 other selectees will be guests of the Air Force Association at their annual convention in Washington, D.C., Sept. 12-15.

Page 4

Report of Survey changes clarified

Recent changes to AFR 177-111, governing reports of survey for government reimbursement, deleted all references to "gross" negligence as a basis to assess liability for damage, loss or destruction of government property.

Page 4

Electrical engineering career opportunity

The Air Force is offering electrical engineering graduates and near graduates excellent career opportunities. Engineers will realize increased responsibility and a chance to work on state-of-the-art technology soon after arriving at their duty location. Newly commissioned engineers are asked to become leaders and managers of multimillion dollar projects early in their careers.

Page 5

175 selected for promotion to MSgt.

One hundred seventy-five technical sergeants assigned to Recruiting Service have been selected for promotion to master sergeant. Air Force wide 28.25 percent of those eligible were selected, while 31.35 percent were selected in ATC.

Page 12

**AIR
FORCE**
A great way of life.

The Air Force Recruiter is an official Class III Air Force newspaper published monthly on or about the 24th day by and for personnel of U.S. Air Force Recruiting Service, Air Training Command with headquarters at Randolph AFB, Texas. Opinions expressed herein do not necessarily represent those of the USAF.

All photos are official Air Force unless otherwise indicated.

Commander Brig. Gen. W. S. Harpe
Director of Advertising and Publicity Col. Hubert C. Moore
Chief, Publicity Programs Branch Capt. Robert S. Barca
Editor Sgt. Mark Schwarz

viewpoint

Recruiting Team of year

By Brig. Gen. W. S. Harpe
Commander

We are receiving some incredible comments from the field now that this newspaper is being mailed to your homes. It's obvious that many spouses are seeing it for the first time in their lives as well as some



recruiters themselves. That's too bad; since last summer we have emphasized the recruiting family in the monthly editions of the paper. Oh well, that's water over the dam now, hopefully. The new challenge is for squadron commanders to keep RSA, here, informed of current and accurate home addresses of their people. Let's make that a special emphasis item, commanders. I'll be asking you about it as I travel out to see you in coming months.

In next month's paper you will see a big spread, with pictures, concerning the Recruiting Team of the Year winners and their wives in Nashville, Tennessee. It was a week of Grand Ole Opry for them sponsored by our great friends, the Noncommissioned Officers Association (NCOA). Chief Master Sergeant (retired) Joe Kozusko, and his wife Ginger, represented the NCOA for the week making sure all went well and the bills got paid. Joe is Recruiting Service's former senior enlisted advisor as most of you know. Ramelle and I were there as well as Chief Joe Barnette and his wife Shar. The 32nd Squadron in Nashville did an absolutely first-class job of hosting all of us. Lt. Col. Herb Meyer and Chief Dave Moyers and many of their troops did it up right! Wish you all could have seen them in action.

By the time you read this, ATC will have a new commander and vice commander on board. Gen. Josue replaced Gen. Ryan on June 23 and Maj. Gen. Smothermon arrived as the new vice commander replacing Maj. Gen. Acker. General Ryan is the new commander of Military Airlift Command and Maj. Gen. Acker is now the commander of Third Air Force in England.

Dropped in on my hometown, Cedartown, Georgia, on the way back from Nashville with Ramelle to see my parents and to present recognition plaques to the local radio station and newspaper. It's nice to come from a hometown that supports the military so well. Lt. Col. Denny Murphy, SMSgt. Charlie Caldwell and SSgt. Kary Utley from the 31st Squadron were there to make sure all went well. It did. Mom and Dad were proud, Cedartown was proud, and I was proud.

Oklahoma, Kansas are you ready for SMSgt. Bruce Skuravy? Ready or not, here comes "Mister Dynamite" to take over duties as superintendent of the 49th Squadron as Chief Al Weale retires.

W. S. Harpe

Medics corner

By Capt. Vicki Humphreys
3531st Recruiting Squadron

Recruiters are almost constantly challenged in one way or another. Whether facing this month's goal or a particularly difficult sale, recruiters consistently deal with large amounts of stress.

Being a new person on the block, I've discovered the most predominant way I handle stress is through anger. Whether it's a busy telephone number or the person I'm trying to reach is TDY, I'm amazed at the punishment a telephone can withstand. And, talking with other recruiters, I find I'm not alone in my destructive tendencies.

Like arms and legs, anger is a part of the basic human being. We all have our bright side and our dark side. But, we tend to concentrate on the former and ignore the latter. This seems sensible, but when carried to the extreme, can mean trouble. If we don't use our anger, it begins to use us.

The person who has learned to deal with anger is also the person who is a good problem solver and, in our case, a good recruiter. But, we must also realize that not all problems can be solved. When this occurs, we sometimes vent our frustrations through anger.

Human beings also tend to keep a tight leash on anger, keeping it inside. However, anger doesn't go away, it builds and eventually explodes.

This method of handling anger or stress - long periods of suppression dotted by occasional outbursts - doesn't accomplish anything. It doesn't solve the problem that brought on the anger.

It's important to remember that anger is neither good nor bad. The real question is how to vent the anger constructively. Only when we accept anger as a natural response to some situations can it be developed into a helpful tool.

Anger is what rouses us to challenge a situation. It is important to act early on the anger and meet these challenges positively. The job may be causing the stress, but unless our anger is expressed the job may not change and the stress remains.

Often, with the help of anger, we can change things. Sometimes we can't ... but isn't the challenge worth making? Once you've expended the anger, and

possibly made a change, you may have learned a little more about yourself in the process.

Editors Note: The following ATC news service release is being reprinted as additional information on stress management in this month's medics corner.

(ATCNS) — The dictionary defines stress as a physical, chemical or emotional factor that causes bodily or mental tension and may be a factor in causing disease.

In simple terms, stress is the wear and tear of life.

Air Force is reflection of people

By Col. Paul K. Robinson Jr.
355th TTW commander

LANGLEY AFB, Va. (SACNS) — The comic strip "Pogo" used to be my favorite.

One of the best series was when a Russian bear visited the swamp and Pogo and Albert were on the lookout for the enemy. They found two sets of tracks in the woods and began following them. Eventually, the two sets turned into four, four to six, six to eight ... and soon they were following a small army of tracks, becoming more and more alarmed as they went.

Finally, they realized they had been following their own tracks in a circle through the swamp. Pogo made the statement: "We have met the enemy, and he is us."

How often the same thing happens to us in the Air Force. We talk about how they did it, how the personnel system and the finance office did it. The other evening, a young wife was telling me how the Air Force was not taking care of her husband.

How often we blame our troubles on "they" or the Air Force, or the military. Next time you look in a mirror, or at a friend on the job, realize that you have just met the Air Force — and it is us.

People like us write regulations, make assignments, send out pay checks, decide what goes on the shelf in the commissary and do all the actions that make the Air Force work. Most of us are doing our best to do a good job ... aren't you?

It's something no one can escape, and, depending on how you handle it, stress can be beneficial or harmful to you.

Normal emotional stress can have a very positive effect on you. For example, you can be watching an athletic event and get very excited and tense. This type of tension can get you all keyed up and then produce healthy relaxation.

On the other hand, you may bottle up inside your-
Continued on page 12

Once we realize the fact the Air Force is made up of people who care and who want to do a good job — just like us — then we must realize we are responsible for what the Air Force is. If a regulation or tech order is wrong, if the commissary isn't providing the right service, if the building needs painting, or if another Air Force member isn't pulling his or her fair share of the load, then you and I have a responsibility and the ability to improve the situation.

Be careful of generalities. Know the Air Force is manned with caring people, people who are the Air Force. You should care enough to make the Air Force a better service and way of life. You can change it for the better. You have the responsibility. Meet the Air Force — it's you.



AIR FORCE
A great way of life

family

A week in Nashville with top recruiters

By Ramelle Harpe

We had a fantastic time in Nashville with the top recruiters and their wives. Thanks to the generosity of the Noncommissioned Officers Association (NCOA), to Lt. Col. Herb and Nancy Meyer, CMSgt. Dave and Pat Moyers and all the guys and gals of the 32nd Squadron.

It all began at the Opryland Hotel where we met before our night out on the town. We all related our experiences in getting there — all of us, except Gary and Linda Siciliano who were delayed looking for their luggage which was nowhere to be seen and not until the next afternoon did it appear from the airport. Tracy Besmer almost didn't make it at all — her reservations had been canceled completely and only restored when husband, Jim, put on the recruiter "charm." Then there were Dennis and

Roxanne Thompson. The chauffeur-driven limousine that picked them up at the airport delivered them to the hotel all right, but then drove off with their luggage! (That treatment was provided to all, minus the luggage problem.) All ended well and the entire week was most successful!

A fun day was spent at the Opryland Theme Park where all went on the Grizzly River Rampage and got a soaking! Should ask Bob Hiatt why he actually turned blue! The recruiters were seen on a national cable TV show, "Nashville Now," recognized on the radio show "The Waking Crew," and were singled out by Roy Acuff on the Grand Ole Opry Show. We were given backstage passes which was a lot of fun — most interesting sights! There were so many experiences, so much food, great music and terrific people. A very special moment occurred when we

celebrated Michael and Diana Twaroski's anniversary with a beautiful cake furnished by the 32nd Squadron. We'll never forget the fun and friends — many thanks to everyone who made it possible.

HRS had a great picnic a few weeks ago. Activities were planned all afternoon and the funniest time was the "Armadillo look-alike contest." Many of us tried to catch a real armadillo, but weren't very successful. Wish all of you in the 14th squadron in New York could have seen Capt. Sue Jordan tromping through Bob Cantu's property, waist-deep in grass, pitch black except for our flashlights, looking for that elusive "dillo." She has definitely become a true Texan!

So glad all of you are receiving the RECRUITER at home now. Write to me!

DEERS:

Families not enrolled denied CHAMPUS claims; program to crack down on fraud, abuse of benefits

Families who haven't signed up with the Defense Enrollment Eligibility Reporting System (DEERS) will have their CHAMPUS claims denied starting in July.

Active-duty families not properly enrolled with DEERS or who need updates to their records, should contact their squadron personnel officer right away. Retirees, their families and survivors should immediately contact the nearest personnel office of any service.

"DEERS has been a major undertaking," said CHAMPUS Director Theodore D. Wood, "and we are ready to reap the payoff — with more effective use of our health care dollars. DEERS has already proven valuable in planning. Now it will help crack down on fraud and abuse of the health benefit for military families."

The DEERS/CHAMPUS linkup has been tested since 1981 and will actually "go live" in the Western, Mid-Atlantic and Southeastern states in July. And soon after, all states will be phased in. Starting in October, families will not be able to get non-emergency care at military hospitals or clinics unless they are properly signed up with DEERS.

By now, all persons in the United States who are covered for Uniformed Service health benefits should be enrolled with DEERS. The Defense Department estimates that at least 98 percent of active duty and

retired sponsors are, in fact, signed up, as well as the majority of their families.

CHAMPUS officials expressed concern, however, about those people who are eligible for CHAMPUS but have their claims denied because they hadn't signed up with DEERS or hadn't updated their records. But once the DEERS/CHAMPUS tie-in is made, sponsors must be enrolled and be on the DEERS computer before their claims can be

processed. Families should expect a six to eight-week lag from when they mail or bring in the enrollment papers until they're actually on the computer. Their CHAMPUS claims could be denied during this time — no matter whether the claim was filed by the family or a provider. Such families can resubmit their claims after they enroll and are on the DEERS computer. But it means that families should enroll with DEERS right away to make sure their claims get processed and paid quickly.

CHAMPUS changes

Revisions reduce patient cost

CHAMPUS now pays certified nurse practitioners as independent providers of care on a permanent basis. This should make it easier for CHAMPUS patients to get the care they need, especially in areas where there's a shortage of doctors.

It should save money for CHAMPUS patients and the government, because a nurse practitioner's bill is usually lower than a doctor's for similar kinds of services.

CHAMPUS has actually been paying nurse practi-

tioners directly since May 1980, when Congress authorized an experimental study. Before then, nurse practitioners were authorized as CHAMPUS providers only when they were referred and supervised by a doctor. That was changed by the Defense Appropriation Act of 1983 which authorizes CHAMPUS to continue paying nurse practitioners or care. They're required, however, to meet certain professional standards.

A certified nurse practitioner is authorized to provide CHAMPUS-covered services without a physician's referral or supervision only if the practitioner meets the following requirements:

* A practitioner must be a licensed, registered nurse and must be licensed or certified as a nurse practitioner by the state in which care is given — if the state has such specific licensing or certification.

* If the state doesn't, the individual must be certified as a nurse practitioner by a professional organization which offers such certification. This information should be available from any nurse practitioner a CHAMPUS patient is considering.

CHAMPUS patients should know that "physician assistants or extenders" are still not authorized for payment under CHAMPUS as independent providers of care.



AIR FORCE
A great way of life

news

Jacques picked as Outstanding Airman of Year

SMSgt. Bobby Jacques, Headquarters Recruiting Service, has been selected as one of the 12 Outstanding Airmen of the Year for 1983.

Sergeant Jacques and 11 other selectees will be special guests at the Air Force Association's annual convention in Washington D.C., Sept. 12 - 15.

His selection for the award was based on his performance as a flight supervisor in the 3513th Recruiting Squadron. While assigned to Flight 13F, Jamestown, New York, he was recognized as the top flight supervisor for the 13th squadron from 1977 through 1982. The 3501st Recruiting Group selected Sergeant Jacques as their top flight supervisor in 1977 and 1979 through 1982. He was also selected by HRS as recruiting's top flight supervisor for fiscal year 1980 through 1982. Aside from his individual honors, the flight also won the annual Blue Suit competition two years running.

Sergeant Jacques is not unfamiliar with the Outstanding Airman of the Year program. In 1978 he was selected as the ATC NCO of the year and was considered for the top 12. "I think the biggest difference between 1978 and being selected now is that I got a little older, found smarter ways to do business,

established my priorities and became more involved with the people around me. I found it increasingly important to use all the tools available from HRS and the local community to establish a more effective program.

"Involvement is the key. It takes more than just yourself for an honor such as this and that's good. When one individual is recognized at this level it is a direct reflection on everybody in the team effort. Much of the credit for my success is due to the great support I had from the recruiters and civic leaders in the local community."

Sergeant Jacques is currently attending the Senior NCO Academy at Gunter AFB, Ala. It was there he was notified of his selection by Col. Benjamin Waller, Recruiting Service vice commander, while Brig. Gen. W. S. Harpe was TDY to the 32nd Squadron in Nashville during Recruiting Team of the Year festivities. Sergeant Jacques pointed out the irony of being notified at the academy. "It was surprising that I was notified here; in 1978 I was attending the NCO academy in residence at Lackland AFB and was notified of my selection as ATC's NCO of the year during that course.



Report of Survey: "gross" negligence in liability

By MSgt. Tim Keely
Directorate of Resources

In an Air Force test program involving AFR 177-111, governing reports of survey for government reimbursement, the phrase "gross" negligence was changed to "simple" negligence as a basis to assess liability for the damage, loss or destruction of government property. In addition to negligence, other considerations in reports of survey are willful misconduct and unauthorized use.

Willful misconduct and unauthorized use are nor-

mally cut-and-dry determinations. However, negligence and to what degree are somewhat more difficult to determine.

When testing was completed April 30, the ensuing change to the regulation deleted all references to "gross" when referring to negligence.

Facts surrounding each incident will be closely scrutinized to determine who and what were the approximate causes of the loss, damage or destruction before any determination of liability is made.

In Recruiting Service, the primary concern is vehicle accidents. One of the key determinations of

negligence and to what degree are somewhat more difficult to determine.

The current report of survey procedures in Recruiting Service, allow all reports for Recruiting Service controlled assets to remain within Recruiting Service channels.

Once damage, loss or destruction of government property is identified, the squadron commander appoints an "initial investigating official" who will document pertinent facts surrounding the incident.

The report of survey is forwarded to the squadron commander, then to the resource manager, designated as "responsible officer" and "accountable officer," respectively.

When the "appointing authority" (group commander) receives the report, he may be required to appoint a "surveying official" if the report is insufficient to make a determination or recommendation to the approving authority.

The group commander will act as approving official whenever the loss, damage or destruction of government property is less than \$2,000 and no evidence of negligence, willful misconduct or unauthorized use is found.

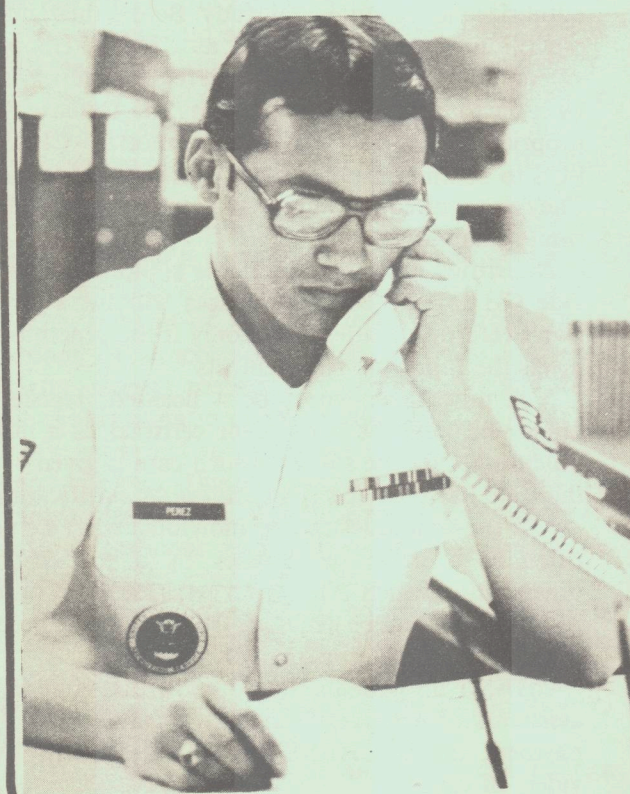
When the dollar amount exceeds \$2,000 or there is evidence of negligence, willful misconduct, or unauthorized use, the Recruiting Service commander is designated as the "approving official". If liability is assessed, the report of survey will be reviewed by the Randolph AFB legal office.

The report also offers an appeals process. The appeal must be a written statement and specifically list the alleged errors in the original decision. The statement must be sent through the Director of Resources to the Recruiting Service commander. If denied, the appeal will be forwarded to ATC for review and action.

Individuals who feel uncomfortable about operating a government vehicle because of these policies should check with their insurance company for "extended nonowner liability" coverage. The fee is minimal and covers the full amount for which an individual could be held liable.

Recruiter selected

ATC personnel tech of the year



SSgt. Juan Perez, 3563rd Recruiting Squadron has been selected as the Air Training Command Personnel Technician of the Year for 1982. He will represent ATC at the Air Force level competition later this summer.

Since his arrival at Mather AFB Sergeant Perez has been selected as the NCO of the quarter for the base, service member of the quarter for the Sacramento area, outstanding support NCO of the year for the 63rd squadron and one of the Outstanding Young Men of America.

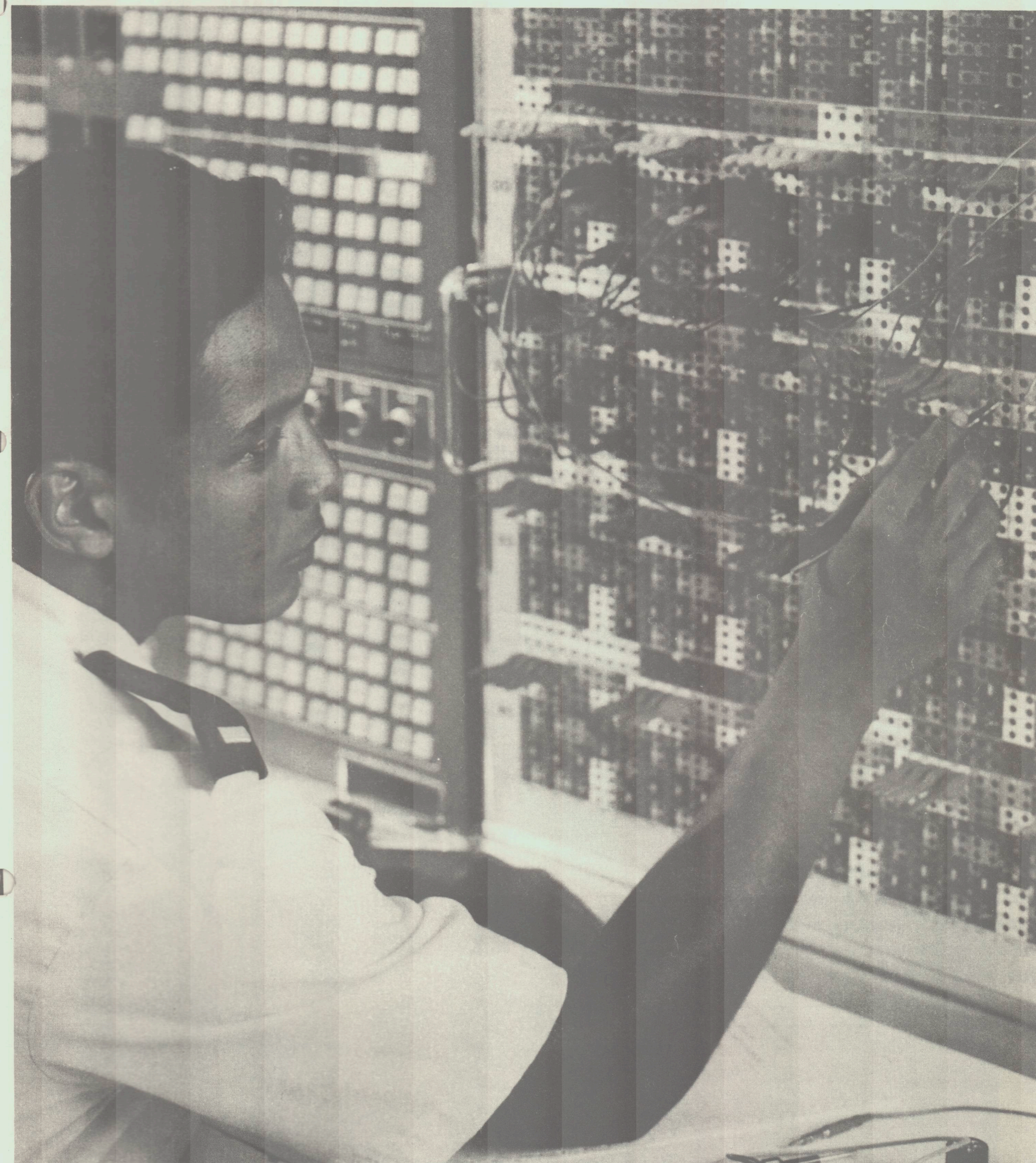
According to Capt. Mary Roock, Resources manager for the squadron, his off-duty involvement has been noteworthy. "He's constantly volunteering his time for one worthwhile cause or another," she said. "He has been involved in the Big Brother/Big Sister organization, he's volunteered to work the Suicide prevention Hotline and now he's dormitory aide for the Children's Receiving Hospital of Sacramento."

As part of his duties Sergeant Perez handles personnel matters of all military and civilian programs for the members assigned at the squadron and for those geographically separated from the squadron headquarters.

AFR
FORCE
A great way of life

Air Force Engineering

The threshold of new technology





'When you arrive at your first duty location, approach it as a learning experience. College engineering education provides only a broad background. I found the real learning started when I joined the Air Force'

'After high school I spent four years in the Air Force. After leaving the service I worked at several jobs, none of which provided job satisfaction. After college I came back in because of the challenges and opportunities for professional advancement'



AF engineering offers early responsibilities

By MSgt. Wayne Bryant

Are you ready to stand on the threshold of new technology? Can you handle increased responsibility early in your professional career? Why haven't you looked to the Air Force for an engineering career?

The Air Force offers electrical engineering graduates and near-graduates an opportunity to work on state-of-the-art technology early in their careers. In addition, newly commissioned engineers are asked to become leaders and managers of multi-million dollar projects.

"Being an Air Force engineer is the greatest challenge I have ever encountered," said 1st Lt. Lucie M.J. Robillard, an electrical engineering graduate from the University of Vermont, now assigned to the Air Force Aeronautical Laboratories, Wright-Patterson Air Force Base, Ohio. "Every day is different. People ask you to perform various functions at a moment's notice.

"As a research electrical engineer for two years, I had to perform basic circuit design as well as conduct research on impedance cardiography - a medically oriented project," she explained.

"Now, as a software manager, I use my engineering background to understand new technology and talk with engineering contractors. My degree is just the foundation of what the Air Force wants as an

engineer," said Lieutenant Robillard.

Electrical engineers are called upon to perform in a variety of functions. Some examples are: helping develop a three-inch silicon wafer containing thousands of electronic components which form an integrated high speed logic circuit, evaluating primary sensor performance of multi-million dollar satellites, correcting on-orbit satellite sensor related failures and providing confidence assessments on all data received.

These challenges and more await the young electrical engineer.

"I joined the Air Force because it gave me an opportunity to become an engineer along with responsibility in managing a large technical project, which I would not see in a civilian job," said 2nd Lt. Clay Zapata, an electrical engineering graduate of the Illinois Institute of Technology.

"The Air Force gives you the opportunity to lead and implement your own ideas in managing your technical projects and in solving their unique problems. You also have an opportunity to fly in the aircraft with the test equipment and get a chance to go to different parts of the country to perform the flight tests," the lieutenant added.

"Currently, my responsibilities range from procur-

ing a \$50,000 computer system to providing technical computer knowledge for a \$10 million computer facility," explained 1st Lt. Jay Kirchoff, an electrical engineering graduate of Georgia Tech. "This type of responsibility in the civilian world is usually reserved for engineers with much more seniority."

"As a flight test engineer, there is a great opportunity to work on many different and challenging projects," said 2nd Lt. Bob Waggoner, a Penn State University graduate assigned to Wright-Patterson AFB, Ohio. "The Air Force also encourages educational advancement through a variety of programs."

Graduate education opportunities are offered through the Air Force Institute of Technology. Some 200 engineering officers are selected annually to complete their masters and doctorates in various engineering disciplines. If selected, the officers draw full pay and allowances while completing their advanced degrees in residence at AFIT or at a civilian university.

Evening graduate classes are also offered at many Air Force bases as well as through colleges and universities in surrounding areas. When registered for these classes, the Air Force pays up to 75 percent of the tuition.

Continued on page 8

'The Air Force may not be for everybody, so don't go into it blindly. If the Air Force is what you are looking for, chances are you will find an exciting career. I found Air Force engineering a field with a great deal of responsibility and high visibility such as the space shuttle'





Engineering continued

In order to meet the challenges offered by the Air Force and take advantage of the educational opportunities, you have to be a member of a select team — the Air Force officer corps. There are openings for qualified engineers and engineering students in their final year of school, to become members of the Air Force team.

If you are qualified, you may compete for selection to attend Officer Training School at Lackland Air Force Base, Texas. Selection for OTS is based on your potential as an Air Force officer — your ability to communicate, lead others and manage resources — as well as on your technical competence as an engineer. The rewards for those who are selected and successfully complete the challenge offered by Officer Training School are a commission as an officer in the United States Air Force and assignment to one of a wide variety of engineering positions throughout the world.

The Air Force will send highly qualified engineers back to school to earn master's degrees in certain engineering disciplines.

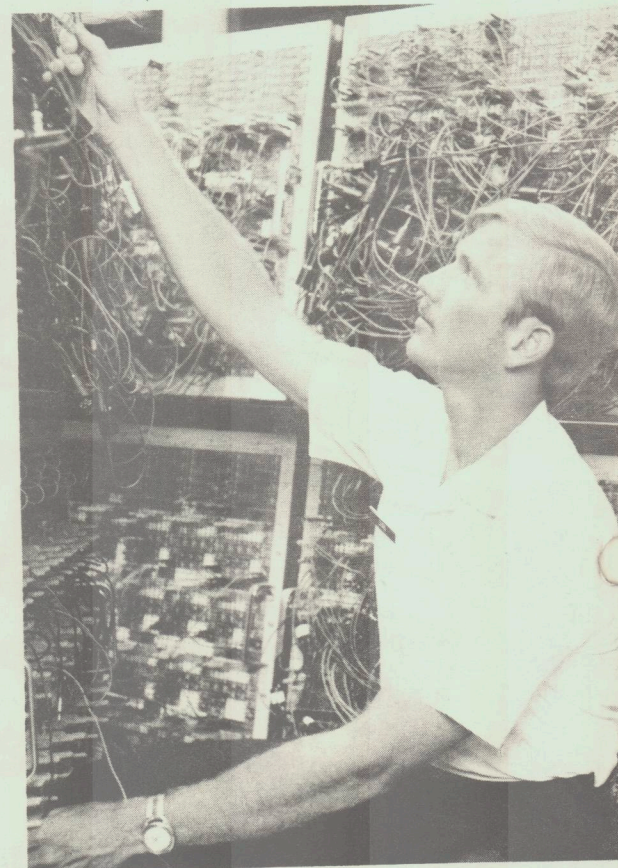
Applicants selected would attend the Air Force Institute of Technology at Wright-Patterson Air Force Base, Ohio, after successful completion of Officer Training School.

Cost of the degree program, including all tuition and related fees, salary and allowances, will be absorbed by the Air Force.

Because of the small number of openings, Air Force officials predict keen competition for selection. Those selected for the master degree program will be at or near the top of their undergraduate class, academically.

Those selected will pursue advanced degrees in one of the following disciplines: aeronautical, aerospace, astronautical or electrical engineering.

Find out what the Air Force electrical engineering program can offer you, and why it enjoys a worldwide reputation for excellence. Contact your local Air Force recruiter today!



people

Recruiters instrumental in life-saving efforts

MSgt. Robbin L. McGregor, 3531st Recruiting Squadron, has been nominated for award of the Air Force Commendation Medal in connection with life saving efforts at a residential house fire.

Returning home after donating blood, Sergeant McGregor passed through a residential area and noticed unusually heavy smoke coming from one of the homes. He spotted fire on the roof; directed the occupants away from the house and told them to call the fire department.

Realizing the urgency of the situation the sergeant, although weakened, scrambled to the roof and

doused the flames around the chimney. Without regard for his personal safety he continued to soak the roof until the fire fighters arrived.

Because of Sergeant McGregor's alertness, quick actions and concern for the safety of others, possible loss of life and significant property damage were prevented.

Also nominated for award of the Air Force Commendation Medal is SSgt. Robert V. Neuman, 3562nd Recruiting Squadron. Sergeant Neuman was instrumental in saving the life of an individual suffering full respiratory arrest.

With the aid of another airman, SrA. Fred Aviles,

the victim was revived through the use of CPR. Both learned the technique in courses offered by the Air Force. They continued their efforts intermittently until the ambulance arrived.

Sergeant Neuman accompanied the victim to the hospital and provided the physician with valuable medical history. While at the hospital the sergeant assisted the victim's wife and family throughout the ordeal, keeping them advised of the patient's condition and arranging for their transportation needs.

According to the attending physician, the individual is alive today as a direct result of the sergeant's quick actions.

Fitzgerald goes on air promoting AF careers

By Capt. Steve Knechtel
3511th Recruiting Squadron

When Air Force recruiters put on the blue uniform, they represent not only Recruiting Service but also the Air Force. Recently, Sgt. Arlene Fitzgerald put her uniform on, stood in front of a television camera, and talked about herself.

Chatham College of Pittsburgh sponsored two 30-minute programs for PBS television, WQED Channel 13 in Pittsburgh. This seminar, entitled

"Follow Your Dreams: Exploring Careers in the 80's," centered around profiles of successful black career women, their careers, and how they got there. The carefully selected participants in this project served as role models for black female teenagers.

They included women with successful careers in medicine, law, cosmetology, engineering, banking, and the military.

Sergeant Fitzgerald was initially contacted in December 1982 by the co-producers of the show, who

considered her Air Force career as an "emerging non-traditional role" for black women today.

The live studio taping took place Feb. 15 after in-depth interviews and on-site filming of Sergeant Fitzgerald at work. The taping included an interview followed by questions from a studio audience. With poise and confidence, Sergeant Fitzgerald fielded many questions concerning the role of women in the military. Her answers clarified the expanding roles of women in military jobs.

62nd Squadron organizes recruiter relay

By Capt. Bob McKenzie
3562nd Recruiting Squadron

NORTON AFB, Calif. — What has 72 feet, an average age of 34, and runs a mile and a half in 12:25 minutes? It's the 3562nd Recruiting Squadron's Border Bandit Running Team.

The recently formed 36-member team participated in the Norton AFB Company Grade Officers Council Six Mile Relay Race May 6. The team is composed of nine four-person relay teams. The team members are recruiters from the squadron headquarters and five Southern California flights. The squadron's commander, Lt. Col. Fred Aldrian, claims to have the largest organized running team in Recruiting Service.

"It was a great race," said Colonel Aldrian. "We finished in a third place tie for the Norton AFB Commander's Trophy. Every member of the team pulled together, determined to finish the race at least in third place; and we did."

From the youngest member, SSgt. Dave Horn, 25, to the oldest, SMSgt. Mike Stearsman, 44, every member of the squadron team made an effort to establish the team's overall 12:25 minute average.

"Two of the relay teams were put together to give us an edge with speed, using the squadron's fastest runners," said Aldrian. "We called them 'Horse-One' composed of MSgt. Tom Latta, TSgt. John Allen, TSgt. Lupe Trevino, and TSgt. Steve Skoczylas, and 'Horse-Two' composed of myself, Capt. Dan Stone, Capt. Larry Conwell and TSgt. Paul Goings.

Times for the nine squadron relay teams in finishing order are: Horse-One, 40:03; Horse-Two, 42:39; G Flight (San Diego), 49:58; B Flight (San Bernardino), 49:59; F Flight (Riverside), 52:10; E Flight (Orange County), 53:14; A Flight (San Diego),

53:20; Advertising and Publicity, 53:38, and Resource Management, 54:06.

TSgt. John Allen, who just completed running in the Boston Marathon, ran with a hurt leg, achieving the squadron's fastest time of 8:12. Also running less than 12 minutes were: MSgt. Tom Latta, 9:54; TSgt. Steve Skoczylas, 10:17; Capt. Larry Conwell, 10:26; Colonel Aldrian, 10:38; TSgt. Paul Goings, 10:38; SSgt. Ron Medrano, 10:40; Capt. Danny Stone, 10:57; TSgt. Ray Johnson, 11:01; SMSgt. Mike

Stearsman, 11:08; TSgt. Jim Ward, 11:19; and TSgt. Lupe Trevino, 11:40. The fastest woman's time was recorded by Capt. Corrine Goetz, 12:11.

"The squadron plans to conduct its Aerobics Training semiannually. We are ready to begin training for the next race in October and plan to include representation from our Arizona Flights," said Aldrian.

"We challenge other recruiting squadrons across the country to catch us if they can," he added.

Andrews wins back-to-back titles

MSgt. Jerry D. Andrews, 3544th Recruiting Squadron "D" flight supervisor, has the distinction of being the only bowler to ever win back-to-back service titles.

Sergeant Andrews won the Air Force and Interservice championship at McChord AFB, Wash., where the six-day tournament included 10 major commands and all services. Sergeant Andrews won not only the singles events but the doubles event in the Air Force tournament and the team events in the Interservice tournament.

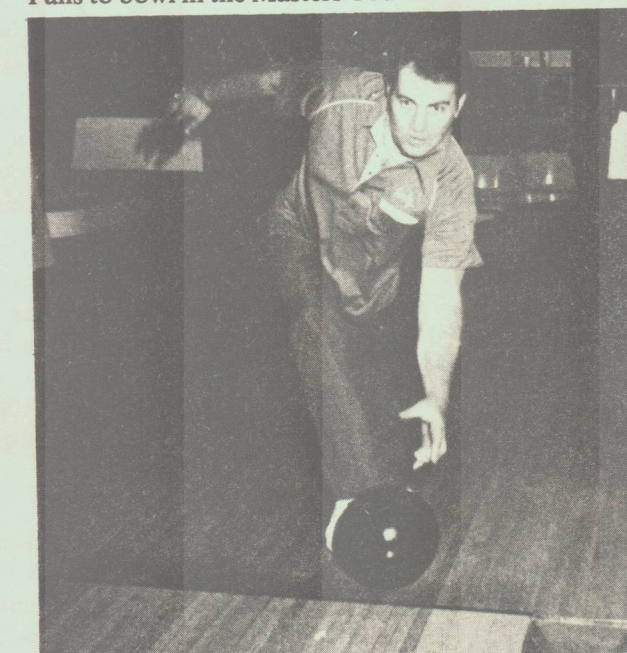
"After the fourth game I changed bowling balls and found I could hit the pocket. Using the harder ball it was easier to get the corner pins out," Sergeant Andrews said.

Bowling against 40 other competitors, Sergeant Andrews averaged 220 with a game high of 268. In the Interservice tournament he averaged 218.

Sergeant Andrews has been no stranger to the winners' circle. He won the interservice tournament in 1978 and the Air Force Tournament in 1981. He was a member of the Air Force team in 1977, 1978, 1981, 1982 and 1983.

For his superlative efforts, Sergeant Andrews

walked away with four plaques, four medals, four bowling balls and an all expense paid trip to Niagara Falls to bowl in the Masters Tournament.



crossfeed

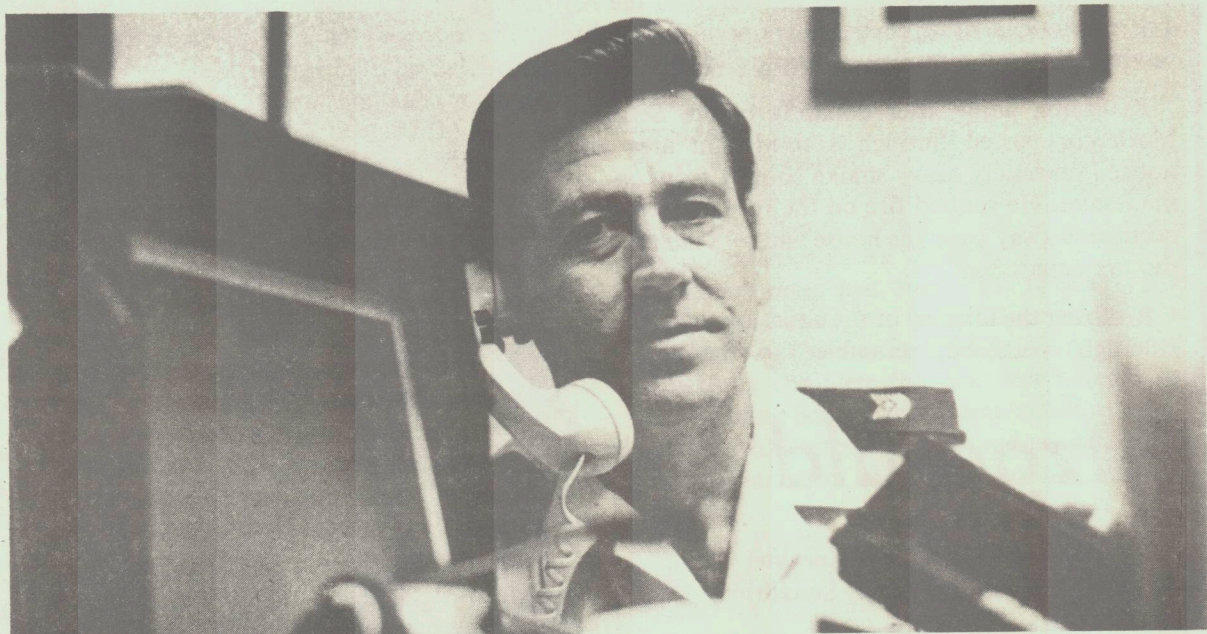
Logistics plays vital role supporting recruiters

Although challenging and frequently unnoticed, recruiting logistics continues to be an essential part of successful recruiting.

At any level, the logistics section has a big job to accomplish. The calibre of support is exemplified by MSgt. Tim Keely, Headquarters Recruiting Service, who was selected to represent the Air Training Command for the Dudley C. Sharp Logistics Award. Three other individuals in the limelight are MSgt. Herbert E. Withrow, Headquarters Recruiting Service, selected as the Recruiting Service Outstanding Supply Superintendent of the year for 1982; TSgt. Michael F. Choquette, 3513th Recruiting Squadron, selected as Recruiting Service's Outstanding Supply Technician for 1982; and TSgt. Stephen J. Coffield, selected as Headquarters Recruiting Service Safety Professional of 1982. All three individuals have been nominated to higher headquarters level of competition.

Since most logistics people in recruiting have a supply background, their expertise is put to good use acquiring and maintaining supplies and equipment. Many of the improvements in office equipment have been due to the initiative and efforts of these individuals.

The duties of logistics in recruiting are varied and



LOGISTICS SUPPORT — MSgt. Chuck Wells, 3532nd Recruiting Squadron, is one of many who include vehicle control, applicant transportation, telecommunications, leased housing, real estate as well as supply and equipment matters. Logistics plays a key role in the acquisition, management and

grease the wheels to make for a smoother operating organization. (U.S. Air Force Photo)

disposition of government property. Accomplished on a broad scale, fulfillment of these responsibilities is challenging and essential to the success of the recruiting mission.

3561st brings out media for Gen. Harpe visit

By MSgt. Pat Shannon
3561st Recruiting Squadron

Tremendous amounts of rainfall throughout the year keeps the Pacific Northwest green. However, the sun was actually shining the day Brig. Gen. W. S. Harpe, Recruiting Service commander, visited members of the 3561st Recruiting Squadron in Seattle.

Accompanying General Harpe were CMSgt. Joe Barnette, Recruiting Service senior enlisted advisor, and Robert Cantu, recruiting advisor.

During the short visit, General Harpe, Chief Barnette, and Mr. Cantu were kept busy with a radio talk show, a Military Entrance Processing Station tour, a flight training meeting, a squadron briefing, a taped interview to be aired overseas, and an informal reception and dinner.

General Harpe was interviewed on the "Jim French Show" heard on radio station KIRO. During the

interview, General Harpe answered questions concerning the effect of the economy on recruiting and needs of the Air Force.

The tour and briefing at the Seattle MEPS was provided by Lt. Cmdr. Elizabeth Miskelly, MEPS commander. While at the MEPS, General Harpe and Chief Barnette talked with members of the Air Force Liaison section while Mr. Cantu checked out the terminal link to HRS and asked for comments about the current booking system.

MSgt. Mike Bushong, "B" Flight supervisor, was conducting his quarterly flight training meeting when General Harpe, Chief Barnette, and Mr. Cantu dropped by for a visit. In addressing members of "B" Flight, General Harpe answered questions concerning what the future holds for recruiting, current policies governing recruiting activities, and proposed budget cuts in defense spending and the effect these cuts could have on recruiting. Also during the

meeting, General Harpe presented the Flight's top quarterly and monthly awards.

Maj. (Lt. Col. selectee) Brian P. Quarrie, 3561st commander, briefed the general on the overall operation and status of the 61st, affectionately referred to as "Big Foot" Squadron.

The final event of the day was an informal reception and dinner at the Sandpoint Officers' Club, where members of the "Big Foot" Squadron and their spouses could meet and talk with General Harpe.

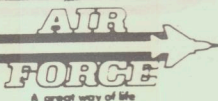
It was a short, but memorable visit for personnel of the 61st Squadron who were given the chance to show the people at the top one of the most beautiful cities in the world. The weather was even accommodating. This prompted General Harpe to remark that maybe all the talk about cloudy days and rain was just a ploy to keep the Pacific Northwest one of the best kept secrets in Recruiting Service.

Thunderbirds make news on the ground

When the Air Force Thunderbirds touched down in the 3544th Recruiting Squadron's territory, the news media had a story and the T-birds gave a special ground performance.

With the Thunderbird's new F-16 aircraft as a backdrop (right), 31 men and women were sworn in to active military service during ceremonies at Barksdale AFB, La., and Carswell AFB, Tex. Maj. James D. Latham, commander of the Thunderbirds, rendered the oath of enlistment.

Each base sponsored its own unique recruiting publicity effort. At Barksdale AFB, two members of the Thunderbirds' maintenance team were guest speakers at a center of influence event. At Carswell AFB, PM Magazine captured the thrill of flying with the Thunderbirds during a media orientation flight.



RSA calendar

Advertising projects due out in July and August are listed below. Details on specific projects are in the Recruiting Service Advertising Project Book. Copies are available in group and squadron A&P offices.

Note that the availability month listed here may differ from the distribution month listed in the project book. This allows time for the project to be shipped directly or delivered to the Publications Distribution Center (PDC) and made available to recruiters.

The designation "RDS" in the remarks column indicates the project will be available from PDC, but should not be ordered until "fair share" notification is received.

Recruiters can expect to see leads from magazines and direct mail within 30 days after the publication or mailing date. Listing shows name and issue of periodical, program(s) supported and media codes which identify them on the prospect listing. General Support (GS) ads are those which support more than one recruiting program.

JULY

Recruiter Support Items

Projects	Remarks
GS 83-7, High School Folder	RDS
HP 82-34, Nurse Pocket Protectors	Direct ship to squadrons
OTS 83-13 S&E Minibriefing	Direct ship to squadrons
OTS 83-14 FSP Minibriefing	Direct ship to squadrons
HP 83-23, Reprint of Airman Magazine Article (The Doctor Who Healed Himself, Feb 83)	Direct ship to squadrons

Periodical Advertising

Publication	Program	Issue	Media Code
Resident & Staff Physician	Physician		RS
Archives of Otolaryngology	Physician		AT
Obstetrics & Gynecology	Physician		OG
RN	Nurse		RN
*AANA News Bulletin	Nurse		
*American Meteorological Society' Employment Bulletin	S&E		
*The Bent of Tau Beta Phi	Retention	Jul 11	
*A.F. Times			

* doesn't include business reply card

Broadcast Products

TV Spots		
A.F. Montage	:60	GS 82-51-5
Crew Chief	:30	GS 82-33-A(1)
High Hopes	:20	GS 82-51B(3)
B-52 (Alt)	:10	GS 82-33-C

Tours

Date	Squadron	Location	Type
30 Jun - 2 Jul	03rd Gp	Wright-Patterson	S&E
10 - 12 Jul	04th Gp	Eglin	S&E
10 - 12 Jul	01st Gp	Kirtland	S&E
14 - 16 Jul	06th Gp	Wright-Patterson	S&E
24 - 26 Jul	04th Gp	Kirtland	S&E

Thunderbirds Performances

Location	Date
Brooklyn NY	2-4 Jul
Pasco WA	9 Jul
McChord AFB WA	10 Jul
K.I. Sawyer AFB MI	13 Jul
Chicago IL	16-17 Jul
Dayton OH	23-24 Jul
F.E. Warren AFB WY	27 Jul
Hanscom Field MA	30 Jul

Conventions

National Association for the Advancement of Colored People	11 - 15 Jul	New Orleans LA
*National Technical Association	25 - 30 Jul	Kissimmee FL
National Medical Association	31 Jul - 4 Aug	Chicago IL
National Urban League	31 Jul - 3 Aug	New Orleans LA

*denotes local convention

AUGUST

Recruiter Support Items

Projects	Remarks
GS 83-32, T-Shirts	Direct ship to squadrons
HP 82-38, MIMSO Minibriefing	Direct ship to squadrons
HP 83-21, Nurse Drug Computer	Direct ship to squadrons

Periodical Advertising

Publication	Program	Issue	Media Code
*#Time	Influencer	Aug 29	
*#National Future Farmer	Influencer		
*#Popular Mechanics	Influencer		
Journal of the American Dental Association	Physician	Aug 12	AD
Journal of the American Medical Association	Physician		
Journal of Urology	Physician		
Laryngoscope	Nurse		
Nursing '83 ('84)	Nurse		
American Association of Nurse Anesthetists Journal	Nurse		
*AANA News Bulletin	OTS		
Plane and Pilot	S&E		
Black Collegian	OTS		
Nutshell	S&E		
Journal of National Society of Black Engineers (UMOJA SASA)	S&E		
American Meteorological Society's "Employment Bulletin"	S&E	Aug 15	
Aviation Week & Space Technology	Retention	Aug 15	
A.F. Times	Educator	Aug 25	
Today's Education			

* Doesn't include business reply card
Upscale influencer campaign

Broadcast Products

Country Music Time:	
Sylvia	Jeannie Seely
Don Seals	Connie Smith
Ed Bruce	Mel McDaniel
Roy Drusky	Becky Hobbs
Tommy Overstreet	Jim Glaser
Jean Shepard	Ed Hunnicutt
David Frizzell	Tom Carlisle

Tours

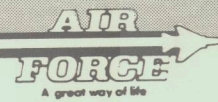
Date	Squadron	Location	Type
4-6 Aug	05th Gp	Wright-Patterson	S&E
14-16 Aug	01st Gp	Eglin	S&E
14-16 Aug	03rd Gp	Kirtland	S&E

Thunderbirds Performances

Location	Date
Richard-Gebaur AFB MO	6-7 Aug
Whiteman AFB MO	13 Aug
Bergstrom AFB TX	14 Aug
Mansfield OH	17 Aug
Buckley ANGB CO	18 Aug
Ellsworth AFB SD	21 Aug
Minot AFB ND	23 Aug
Bozeman MT	25 Aug

Conventions

American G.I. Forum	9-13 Aug	El Paso TX
American Association of Nurse Anesthetists	20-25 Aug	New Orleans LA
American Psychological Association	26-30 Aug	Anaheim CA



crossfeed

175 in RS slated for promotion to MSgt.

One hundred seventy-five technical sergeants in Recruiting Service were selected for promotion to master sergeant. Air Force-wide, 7,788 (28.5) percent of eligibles) were selected. In ATC, 956 (31.35 percent) were selected.

Following are the RS selectees:

Garlan L. Adams	3568th RSq
Gary W. Allen	3568th RSq
Gary L. Anderson	3555th RSq
Paul Anderson	3519th RSq
Thomas R. Arens	3555th RSq
David A. Asbury	3549th RSq
Richard Bainbridge	3568th RSq
Lee R. Baldwin	3535th RSq
Paul A. Bannister	3513th RSq
James A. Barker	3532nd RSq
Charles J. Beale	3516th RSq
Gregory H. Biava	3514th RSq
Steven D. Bisard	3554th RSq
Gary D. Bohot	3567th RSq
Richard L. Bower	3553rd RSq
Partick E. Braden	3502st RGp
Roy D. Bredahl	3516th RSq
Jerry A. Brisson	3567th RSq
George B. Brown IV	3535th RSq
Jimmy Brown	3550th RSq
Martin Brugmann	3549th RSq
Andrew B. Cabrera	3563rd RSq
Marcello O. Cargo	HRS
Pedro A. Castillo	3541st RSq
Michael Choquette	3513th RSq
James Clark	3551st RSq
William L. Clark	3514th RSq
James N. Cole	3554th RSq
George A. Coleman	3515th RSq
Gary C. Collins	3566th RSq
Freddie Conn	3513th RSq
John Conroy	3516th RSq
Bobby Creager	3549th RSq
James T. Curtis Jr	3532nd RSq
Diane Daigle	3545th RSq
Randolph Dampeer	3505th RGp
Ernest Daughtery	3549th RSq
Carl J. Davis Jr	3550th RSq
Thomas G. Davis	3561st RSq
Dennis G. Dean	3552nd RSq
James H. Dicksey	3534th RSq
Harold W. Dillard	3551st RSq
Robert E. Donmoyer	3518th RSq
Lauraine A. Drake	3514th RSq
Eugene T. Duffy Jr	3648th RSq

Geryl D. Duncan	3567th RSq
Charles L. Edmonds	3569th RSq
Dale Eilers	3569th RSq
James D. Elliott	3533rd RSq
Jack E. Ferguson	3533rd RSq
Wilton R. J. Ferrell	3519th RSq
Frank Flagello Jr	HRS
Robert Flynn	3513th RSq
Pete Franquet	HRS
Charles G. Frappier	3519th RSq
Walter Friedlander	3561st RSq
Richard L. Gann	3548th RSq
James H. Garner	3519th RSq
Thomas J. Geren	3516th RSq
Anthony Glem	3533rd RSq
Danny Godwin	3531st RSq
Robert A. Goines	3550th RSq
Lee H. Goodier	3512th RSq
James I. Guy	3552nd RSq
Richard L. Haight	3551st RSq
Edward G. Hamlin Jr	3534th RSq
Gary L. Hannah	3548th RSq
James J. Harris	3537th RSq
Donald W. Harrison	3546th RSq
Lewis L. Hill	3549th RSq
Daniel Hilt	3515th RSq
Bernard G. Houser	3548th RSq
John W. Houston	3533rd RSq
Gary S. Huff	3537th RSq
David E. Isaac III	3515th RSq
Darrel W. Isaacs	3550th RSq
Loyd B. Johnson	3534th RSq
Reginald L. Johnson	3553rd RSq
Thomas J. Johnson Jr	3515th RSq
Kenneth S. Joiner	3531st RSq
Richard A. Jonda	3531st RSq
Joseph B. Jones	3535th RSq
Rodger M. Jones	3554th RSq
Jeffrey C. Kampion	3569th RSq
Donald Kostyal	3501st RSq
Michael J. Kozar	3553rd RSq
Timothy C. Kraft	3551st RSq
Raymond M. Kruse	3551st RSq
Jacob D. Kyzer Jr	3537th RSq
Edward Lambert	3532nd RSq
George V. Laney	3548th RSq
Duane Lanoue	3568th RSq
William A. Laton	3537th RSq
Lewis D. Lazorwitz	3569th RSq
Ronald G. Leblanc	3543rd RSq
Jack L. Ledom Jr	3519th RSq
Lannie E. Leggett	3544th RSq
Samuel E. Lehman	3518th RSq
Charles M. Lemley	3511th RSq
Joel N. Levitt	3567th RSq
Donald I. Mace	3568th RSq
Jimmie L. Manning	3535th RSq
James E. Mayo	3512th RSq
Bruce T. McComb	3567th RSq
Ricky G. McCrary	3533rd RSq
Solomon L. McKinley	3535th RSq
Michael C. McLean	3513rd RSq
William A. Mears	3533rd RSq
Howard J. Mosse	3505th RGp
Thomas J. Mosti	3506th RGp

Darrell J. Moyer	3567th RSq
Thomas E. Mullen	3501st RGp
Ronald G. Nixon	3551st RSq
Gary G. Norton	3544th RSq
Charles J. Oswald	3515th RSq
Leonard J. Pape	3554th RSq
Robert N. Patterson	3518th RSq
Alvin A. Perry	3504th RGp
Hermann C. Phelt	3541st RSq
Ronald L. Philpot	3505th RGp
Robert Pond	3543rd RSq
William G. Prentiss	3515th RSq
Timothy Regular	3561st RSq
Thomas E. Reid	3567th RSq
Samuel Rhyne	3519th RSq
James Riggs	3533rd RSq
John B. Ritter	3561st RSq
Samuel E. Robinson	3569th RSq
James W. Rowan	3537th RSq
Johnie L. Sadler	3548th RSq
Anthony Sanchez	3569th RSq
John R. Santee	3518th RSq
Duane A. Schesso	3535th RSq
Forrest L. Scott	3544th RSq
Thomas M. Scott	3506th RGp
Charles Shepherd	3543rd RSq
Paul G. Shoup	HRS
William E. Silva	3568th RSq
Jerome C. Simons	3515th RSq
Roger R. Smith	3537th RSq
Thomas R. Smith	3614th RSq
Thomas W. Smith	3513th RSq
Gerald A. Snedeker	3554th RSq
James E. Spohn	3556th RSq
Donald Stask	3553rd RSq
Steven Stone	HRS
Timothy Stratford	3562nd RSq
Donald L. Stratton	3550th RSq
Joe Stults	3532nd RSq
William R. Sweet	3561st RSq
Charles R. Symon	3554th RSq
Johnny F. Talley	3549th RSq
Lester D. Teahl	3501st RGp
John C. Thomas	3505th RGp
Joseph M. Tolle	3552nd RSq
Joel L. Trampota	3546th RSq
Robert Tremelling	3568th RSq
Donald G. Truesdell	3518th RSq
Richard A. Tucker	3501st RGp
Ivan Vojt	3562nd RSq
Scotty R. Voyles	3532nd RSq
John W. Walker	3551st RSq
Bruce L. Walsh	3544th RSq
James Wanderscheid	3543rd RSq
Robert E. Warren	3533rd RSq
Patrick G. Weiss	HRS
Norbert E. Weister	3541st RSq
Cledes G. West	3531st RSq
David L. White Jr	3515th RSq
Johnny Wiley	3545th RSq
Tony G. Williams	3535th RSq
Donald A. Wilson	3537th RSq
George W. Wilson Jr	3553rd RSq
William E. Winney	3533rd RSq
Donald A. Zeman	3537th RSq

THIRD CLASS
BULK RATE
Postage & Fees Paid
USAF
Permit No. G-1

USAF Recruiting Service/RS
Randolph AFB, TX 78150

medics corner

self such emotions as anger, frustration, fear or worry. When this happens, symptoms such as headaches, indigestion and irritability may appear. These are warning signals which should not be ignored.

Physicians are finding that many people have ailments that are caused by or made worse by stress. These medical experts believe that prolonged emotional tensions play a role in disorders such as high blood pressure, digestive ailments, headaches and some skin disorders.

Finding the cause of an illness involving emotional factors takes time — and skill. A complete physical checkup is important. Equally important is having confidence in the doctor. If the physician knows your lifestyle and your reactions to certain situations, he

can help you understand how fears and worries may have caused or contributed to your illness.

We all have strengths and weaknesses. And each of us functions better in some situations than others. When you feel yourself getting tense, try taking a long walk or talking to someone about what's bothering you. Train yourself not to get upset about things that are beyond your control. Accept what you can't change.

Authorities believe that by understanding our personal reactions, and with some knowledge of our limitations, we can help prevent excessive stress and lead healthier lives.

(Reprinted from ON GUARD, a publication of the National Guard Bureau)